

03rd October -5th October 2022

Setting up a Healthy Taskforce for Mauritius



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Behind it All..

Meet the Team



H.E. Mr. Marie Cyril Eddy Boissézon , Vice President of Mauritius



Hon Pravind Kumar Jugnauth, Prime Minister (MU)



Hon Mrs Fazila Jeewa-Daureeawoo, Minister of Social Integration, Social Security & National Solidarity



Dr Pascale Dinan, President of FIAPA (Mu)



Andrew L from Uk



Mansur D from India



Jacqueline from Brunei



Dan L from Canada



Mrs Desiree Job, Hon Treasurer of FIAPA (Mu)



International Day of Older Persons

1st Oct 2022



Ministry of Social Integration, Social Security
and National Solidarity

International Day of Older Persons 2022
"Resilience of Older Persons in a Changing World"

Trianon Convention Centre, Trianon
Saturday 01 October 2022 at 10 30 hrs

- 10 15 hrs Arrival of Guests
- 10 25 hrs **Arrival of the Hon Pravind Kumar Jugnauth, Prime Minister of the Republic of Mauritius**
- 10 30 hrs National Anthem signed by students of the Society for the Welfare of the Deaf
- 10 32 hrs Distribution of bouquets by the **Hon Prime Minister** to centenarians
- 10 35 hrs Video clip on our elders by the Mauritius Film Development Corporation
- 10 40 hrs Multicultural dance by Krumania Dance Academy
- 10 45 hrs Address by Mr Hanslall Seebaruth, MSK, Chairperson, Senior Citizens Council
- 10 50 hrs Address by H.E Mrs Christine Umutohi, UN Resident Coordinator
- 10 55 hrs Address by the Hon Mrs Fazila Jeewa-Daureeawoo, GCSK, Minister of Social Integration, Social Security and National Solidarity
- 11 05 hrs **Keynote Address by the Hon Pravind Kumar Jugnauth, Prime Minister of the Republic of Mauritius**
- 11 20 hrs Launching of Mobile App "Sekirite" for the protection of our elders, by the **Hon Prime Minister** and the Hon Mrs Fazila Jeewa-Daureeawoo, GCSK, Minister of Social Integration, Social Security and National Solidarity
- 11 22 hrs Songs by Thallie Ann Seenyen & Group
- 11 27 hrs Slam by Ms Zainab Soyfoo
- 11 32 hrs Closing dance by Krumania Dance Academy
- 11 42 hrs Vote of Thanks by Master of Ceremony
- 11 45 hrs Visit of photo exhibition

L to R:

- Hon Mrs Fazila Jeewa-Daureeawoo – Minister of Social Integration, Social Security and National Solidarity
- Andrew Larpent – Commonage
- Hon Pravind Kumar Jugnauth – Prime Minister
- Dr Pascale Dinan – FIAPA President
- Mrs Desiree Job – Hon Treasurer FIAPA



A morning filled with colour



International Forum – 3rd Oct



Groupement Federation Internationale des
Associations de Personnes Agees (FIAPA)

in collaboration with

Ministry of Social Integration, Social Security
and National Solidarity

Joint CommonAge and FIAPA international Forum

Theme :

" Setting up a healthy ageing task force for Mauritius "

Monday 03 October 2022 at 09 00 hrs
at Lady Sushil Ramgoolam Recreation Center
Coastal Road, Pointe aux Piments



Sequence of events

08 45 hrs	Guests to be seated
09 00 hrs	Arrival of the Hon Pravind Kumar Jugnauth, Prime Minister of the Republic of Mauritius
09 02 hrs	National Anthem by FIAPA MEMBERS CHOIR and minute of silence for Queen Elisabeth II
09 04 hrs	Welcome address by master of ceremony, Mr Julien Bancilhon
09 06 hrs	Address by Dr (Mrs) Pascale Dinan, Chairperson of Groupement FIAPA
09 11 hrs	Address by Mr Andrew Larpent, OBE, Chairman of CommonAge
09 16 hrs	Address by the Hon Mrs Fazila Jeewa- Daureeawoo, GCSK, Minister of Social Integration, Social Security and National Solidarity
09 26 hrs	Keynote address by the Hon Pravind Kumar Jugnauth, Prime Minister of the Republic of Mauritius
09 40 hrs	Choral song and line dance by FIAPA members
09 45 hrs	Vote of thanks by Master of Ceremony
09 50 hrs	Group photo
09 55 hrs	Coffee break

Conference room presentations

(10h15 - 12h30) - 10 minutes of presentation per expert

1. Presentation of the 2 charters on the rights and well-being of the elderly established from Indian Ocean Conference of FIAPA in 2014 - Dr Pascale Dinan
2. Active ageing - Dr Soopal-Lutchmun / Mr Andrew Larpent (UK)
3. Raising the bar on senior care and living standards - Mr David Stevens (Australia) and Mr Mansoor Dalal (India)
4. Protection of the elderly and legislation - Mr Vijay Naraidoo
5. Technology and artificial intelligence for the elderly-mobile application for seniors - Mr Nicolas Tadebois / Dr Dan Levitt (Canada)
6. Dementia - Dr Ameenah Sorefan / Mrs Jacqueline Wong (Brunei Darussalam)

Lunch break
12:30 - 1:30 p.m.

Afternoon

5 workshops in groups (1:45 - 2.30 pm)
with a commonwealth and Mauritian expert and a session rapporteur.

The session rapporteur will share the key messages per workshop with the whole group from 2:30 p.m. to 3:15 p.m.

Workshop 1 - Healthy ageing

Workshop 2 - Raising the bar on senior care and living standards

Workshop 3 - Protection of the elderly and legislation

Workshop 4 - Technology and artificial intelligence for the elderly

Workshop 5 - Dementia

What has changed from 2014 to 2022 based in the 2 charters elaborated in the international Indian ocean forum ?

Word of thanks Dr Pascale Dinan

Tea Break at 3.45 - 4.00 pm

PRIME MINISTER ANNOUNCES A NATIONAL ACTION PLAN ON INTEGRATED CARE FOR OLDER PEOPLE

MAURITIUS GOVERNMENT RELEASE – 3rd Oct 2022



The Government will soon come up with a National Action Plan on Integrated Care for Older People. Our country is classified as the oldest country in Africa in terms of the age of its population and by implementing the Integrated Care for Older People Action Plan, Mauritius could become a benchmark for other African countries.

This statement was made by the **Prime Minister, Mr. Pravind Kumar Jugnauth**, today at Lady Sushil Ramgoolam Recreation Centre in Pointe aux Piments, at the launching of an international forum organised jointly by the Ministry of Social Integration, Social Security and National Solidarity, CommonAge, and *Groupement Fédération Internationale des Associations de Personnes Agées*

(FIAPA). The forum is being held in the context of the International Day for Older Persons observed on 01 October.

In his address, the Prime Minister highlighted that integrated healthcare services are organised to provide services that are oriented around the needs of older people rather than around the needs of the services themselves. He reiterated that the welfare of the elderly persons has always been very high on the agenda of Government.

In Picture:

The Vice-President of the Republic of Mauritius, Mr. Marie Cyril Eddy Boissezon; Minister of Social Integration, Social Security and National Solidarity, Mrs. Fazila Jeewa-Daureeawoo; Chairperson of FIAPA, Dr (Mrs.) Pascale Dinan; Chairman of CommonAge, Mr. Andrew Larpent; Guests from the Commonwealth; as well as other personalities were present



He said,

“Our social protection system ensures access to health care and income security for all. Many appropriate measures, which consider the vulnerability of older people, have been adopted. Mauritius spends around 4.5 percent of its GDP on social protection of older persons alone”,

He enumerated several initiatives aimed at enhancing elderly people's health and well-being. They include: construction of a fourth Recreational Centre which will be operational next year; organisation of sports, fitness, wellness and leisure activities in Elderly Day Care Centers and Recreational Centers to enable them to maintain their physical and mental capacities, and to slow or reverse any decline in these areas; extension of Domiciliary Visits by Medical Officers to those who are bedridden or severely disabled person above 60 years; and Anti-Influenza Vaccination Campaign to protect the elderly persons against influenza.

Prime Minister Jugnauth further underlined that other measures have been taken recently such as an increase in incontinence allowance paid as from July 2022 to bedridden inmates of charitable institutions, increase in cash payment for wheelchair as well as hearing aids from Rs.

5000 to Rs. 10000, and for spectacles from Rs. 2000 to Rs. 5000, and increase in monthly basic retirement pension.

As regards the legal and administrative framework that protects elderly people from all forms of physical, emotional, and psychological violence, he stated that the Protection of Elderly Persons Act is one of the main legislations for protection and care of the elderly. The law provides for a fine of Rs 50 000 and imprisonment for a term not exceeding two years for any person convicted of violating the dignity of the elderly, whether physical or verbal, by any means, he added. Furthermore, he pointed out that the residential homes sector in Mauritius is regulated by the Residential Care Homes Act which ensures the wellbeing and welfare of inmates.

Acknowledging that healthy ageing is a big challenge, Mr. Jugnauth said that it requires the involvement and commitment of all stakeholders to ensure that people grow older in good health and are able to fully participate in society. He underlined that the proportion of people aged 60 years and above is expected to increase from 18% at present to 25.6% in 2034, and 37% in 2050 adding that presently, there are 155 centenarians in Mauritius, 134 females and 21 males.

Statistics reveal that by 2050, the number of people aged 65 years and above will reach 22% of the total population and that the number of people older than 85 years is likely to triple in the next 30 to 40 years, he added.

This demographic transition, he said, will have an impact on almost all aspects of society. According to him, the prevalence of NCDs and the chronic conditions associated with these diseases, as well as disability, will scale up radically with the ageing population. He therefore stressed on the need for concerted action to foster healthy ageing and improve the lives of older people so that they can live longer and better lives, in dignity and in a healthy environment.

For her part, **Minister Jeewa Daareawoo** underlined that the theme chosen for the Forum, **“Setting up a healthy ageing task force for Mauritius”**, aims to ensure that the elderly spend their time healthily. She added that the Forum has as objectives to identify the challenges related to ageing and exploring ways of uplifting the lives of the elderly.

While enumerating the various measures put in place by the Government to enhance the quality of lives of senior citizens, she recalled that the Elderly Protection Act has been strengthened and that a mobile app has been newly launched to protect the elderly persons.



Video of the PM's speech made at the launch of the conference:

<https://nep.facebook.com/GIS.Mauritius/videos/prime-minister-announces-a-national-action-plan-on-integrated-care-for-older-peo/2128931417307616/>

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CommonAge Delegation to Mauritius

1-7 October 2022

Background. CommonAge has a vision to work to improve the lives of older persons across the Commonwealth. Since our formation in 2013 we have been building a network of contacts and supporters across the Commonwealth and have previously undertaken visits to attend international conferences and events related to ageing and older persons in Canada, Australia, the UK, India, Kenya, South Africa, New Zealand and Rwanda. We are developing chapters of CommonAge in the regions of the Commonwealth. Our outreach work had not, until 2022, included any of the smaller island states of the Commonwealth although we had previously had engagement online with the government of the Maldives. To address this, in early 2022 we reached out to contacts in the Republic of Mauritius. This led to an introduction to the FIAPA Group in Mauritius and an initial conference call with FIAPA (Mu) President Dr Pascale Dinan and members of her committee. A joint event was proposed to focus on Healthy Ageing to coincide with the marking of the International Day of Older Persons (IDOP) on 1st October 2022. The result was a joint conference in Mauritius on 3rd October and associated meetings organised by FIAPA (Mu) and attended by a delegation of four CommonAge directors from 1 to 7 October.

Why Mauritius? Mauritius is a subtropical island country in the Indian Ocean, just over 1,130 kilometres east of Madagascar, off the south-eastern coast of Africa. Its outlying territories include Rodrigues Island and other smaller islands. The main island is surrounded by coral reefs and has sandy beaches, with fertile plains rising sharply to Rocky Mountains. Economically and measured per capita Mauritius is one of the most economically secure and successful in Africa. The country has a population of 1.3 million and in common with almost all countries of the Commonwealth it faces a demographic challenge of population ageing in the coming decades. Improvements in longevity mean that the population of older persons will increase dramatically in the years ahead. The proportion of people aged 60 years and above is expected to increase from 18% at present to 25.6% in 2034, and 37% in 2050. Currently there are 155 centenarians in Mauritius, 134 females and 21 males, and this figure is growing year on year. Statistics reveal that by 2050, the number of people aged 65 years and above will reach 22% of the total population and the number of people older than 85 years is likely to triple in the next 30 to 40 years. The location of Mauritius in the Indian Ocean, lying between the Indian sub-continent and Africa, and its regional and historic geo strategic significance, has resulted in a multi ethnic and multi faith culture which is a model of successful civil society integration.

FIAPA (Mu). La Fédération Internationale des Associations de Personnes Agées (FIAPA) is a NGO that was created in Paris in 1980. It is an international network of organisations and associations involved in support for older persons. See [Groupement FIAPA](#). Members in Mauritius include older persons and professionals working in the field of social care, healthcare and dementia care. The management committee of FIAPA (Mu), led by its President Dr Pascale Dinan, undertook all the planning, preparation and co-ordination of the events of 1-7 October, including close liaison with the Government.

The CommonAge Delegation.

- Andrew Larpent OBE – Chairman (UK)
- Mansur Dalal - Vice Chairman (India)
- Datin Jacqueline Wong – Director (Malaysia/Brunei)
- Dan Levitt – Director (Canada)
- David Stevens – MD Standards Wise International (Australia)



The Events,

- **1 Oct 2022.** Attendance by the Chairman at the National Celebration of the International Day of Older Persons 2022 at the Trianon Convention Centre. The theme of the event was “Resilience of Older Persons in a Changing World”. It was an impressive celebration with thousands of older citizens and their supporters from across the country attending. The event included music, dance and speeches from the Prime Minister, The Minister of Social Integration, Social Security and National Solidarity. The event showcased the cultural and generational integration of the Mauritian society and the natural respect for elders that is strongly upheld within the population.
- **3 Oct 2022.** Joint CommonAge and FIAPA International Forum. A full day of presentations and workshops, opened by the Prime Minister and supported by the Vice President of the Republic, the Minister of Social Integration, Social Security and National Solidarity and the French Ambassador. See Appendices for details of the programme, the Prime Minister’s speech, workshop outcomes report and photos. In the evening the delegation was entertained to dinner at the Domaine De Grand Baie Hotel, with The Vice-President of the Republic of Mauritius, Mr Marie Cyril Eddy Boissezon, Minister Daureawoo and FIAPA Hosts.

The FIAPA-CommonAge Forum begins



Mansoor Dalal delivering two talks on Seniors care and standards



Jacqueline Wong CommonAge FIAPA closing morning speaker

Dr Dan's Speech on Technology and Artificial intelligence for the Elderly (Mobile application for Seniors)



- **4 Oct 2022.** A full day of site visits organised by FIAPA to:
 - **Foyer Trochetia** – a publicly funded 60 bed care centre for elderly persons with severe disabilities, managed jointly by the Ministry of Social Security and Arya Sabha, Mauritius.
 - **BPS Residential Care Home**, Ave St Louis, Quatre Bornes, Mauritius
 - **Centre Jean Vaubert de Chantilly** – Dementia day care centre and FIAPA HQ
 - **Les Jardins De Chantenay** – private sector assisted living facility. (Les Jardins de Chantenay is an assisted living facility where you can get the daily support you need, while remaining as independent as possible.)
- **5 Oct 2022.**

Visit by AL and MD to the Ministry of Social Integration, Social Security and National Solidarity for follow up discussions with Minister Daureawoo and Permanent Secretary Dr Dhanandjay Kawol.

Presentation on Healthy Ageing by AL to an evening meeting at the Labourdonnais Hotel in Port Louis of 30 health professionals arranged by la Société des Médecins et Dentistes de l'Ecole Francaise (SMEDEF)
- **6 Oct 2022.** FIAPA Group visit to the L'Aventure du Sucre Museum followed by a beach picnic.

- **7 Oct 2022.** Follow up meeting for MD with The Vice-President of the Republic of Mauritius, Mr Marie Cyril Eddy Boissezon.

Follow Up. The engagement of CommonAge with FIAPA and the Government of Mauritius has been positive and productive. It is intended that discussions and collaboration should continue with the intention of supporting three key priorities for the support of older persons in Mauritius. These are:

1. The development of a Mauritius National Plan for Healthy Ageing in support of the UN/WHO Decade of Healthy Ageing 2020-2030.
2. The development of a Mauritius National Plan for Dementia and Mental Health in support of the WHO global action plan on dementia.
3. The introduction and promotion of a voluntary framework of continuous improvement Standards for Care and Senior Living Services.

Media Coverage. The events of the week of the visit attracted considerable attention in the national broadcast and print media. The interest shown by the Prime Minister was key to this. His support for the IDOP event and the 3 October Forum ensured the interest of journalists.

Next steps. The delegation mission to Mauritius has been an important step for CommonAge in its engagement with countries of the Commonwealth. It has demonstrated the influence that a small international delegation of experts can bring to national civil society organisations such as FIAPA, allowing the national organisation to increase its profile with government and achieve higher recognition of their work for older people. Building on this experience CommonAge will now seek opportunities to engage with other Commonwealth nations.



L to R
 Dan from Canada,
 Jacqueline from Brunei,
 Andrew Larpent from Uk.
 Hon Pravind Kumar Jugnauth, PM of
 Mauritius, Mansoor from India,
 H.E. Mr. Marie Cyril Eddy Boissézon , V.P of
 Mauritius,
 Hon Mrs. Fazila Jeewa-Daureeawoo, minister
 in charge of senior welfare and social justice of
 Mauritius,
 Dr. Pascal, president of FIAPA, Mauritius.

Mission Outline

Goal: CommonAge in association with Commonwealth countries organizes missions with gerontologic experts from around the globe. The mission objectives include a host country symposium on program and services for older persons, challenges faced in supporting the ageing demographic and opportunities to advance the cause of caring for older persons within the growing silver economy.

Symposium: A symposium with host country government officials speaking to the ways older persons are being supported by legislation and government programs and policies that create a more age friendly nation while supporting the UN Decade of Healthy Ageing. Global experts present engaging keynote talks on the latest research and trends in the ways housing, care, cities and services are provided to older persons with a growth mind-set on how these principles might be adopted in the host country. Local leaders from the older persons sector as well as business leaders who serve this ageing demographic present on innovative approaches to addresses these challenges while presenting the realities of the current and upcoming challenges the host country faces. Breakout workshops examine in more detail the problems, potential solutions and next steps to address and improve the lives of older persons and the ecosystem around them to age in their community. A summary report is prepared from the symposium to advance forward the older persons sector.

Outcome: The host country aged care, housing, programs and services are highlighted in the local media and government turns their spotlight on the need to enhance the lives of older persons. Non-Profit Organizations and the private sector have an opportunity to influence their mandate on a broader scale while older persons receive validation for the challenges they face and the opportunities they have to enhance not only their lives but the lives of older persons within their country.

Example: Mauritius and CommonAge organized a Mission in October 2022 an International Forum with host FIAPA, Ministry of Social Integration, social security and national solidarity. The Prime Minister and senior government officials attended along with older persons industry and silver economy leaders with five CommonAge experts from Commonwealth countries. Specific recommendations were articulated in a symposium that addressed:

1. Legal Protection for the Elderly and Legislation
2. Dementia Programs and Services
3. Healthy Ageing Strategies
4. Seniors Care and Living Standards
5. Technology and Artificial Intelligence for Older Persons

The above recommendations were presented to the Minister responsible for older persons and was shared with the delegates from the symposium with the goal of adopting this platform as a way forward to living life to the fullest at any age.

Next Steps: CommonAge is planning future Missions and is currently in talks with other countries to schedule the next meetings to advance the rights of older persons and support local countries in meeting the goals of the UN Decade of Healthy Ageing.

Our CommonAge team putting their best feet forward in our tremendous partnership conference in Mauritius in partnership with FIAPA (Mu) and opened with a keynote speech by the Hon Pravind Kumar Jugnauth, Prime Minister of the Republic of Mauritius. Fanning the flames of Healthy Ageing!





Learning from Work Shops

A. Workshop LEGAL PROTECTION FOR ELDERLY AND LEGISLATION (MR VIJAY NARAIDOO – DIS MOI NGO/MRS CATHERINE NALLETAMBY MAURITIAN NOTARY)

Despite the fact that the law exists the following recommendations are made:

- 1- Repeated proposition from 2014 Indian Ocean FIAPA charters on Rights and Well-Being of elderly to have an OMBUDSPERSON for elderly people
- 2- Raise awareness – regular campaigns concerning the RIGHTS of older persons – RADIO, AUDIO VISUAL
- 3- Raise awareness regarding the ill-treatment acts commuted against older persons – MEDIA
- 4- Elderly watch – to promote the function and how to get access to elderly watch unit
- 5- To proclaim the remaining section of la protection of elderly persons act 2005
- 6- Actual Lack of medicines in respect of chronic diseases such as Hypertension and dyslipidaemia and diabetes for older persons
- 7- Dedicated queues in clinics and hospitals for the elderly patients
- 8- Offences: inform the public about types of sentences and fines in case of acts of abuse on older persons

B. Workshop DEMENTIA (MRS JACQUELINE WONG CommonAge expert BRUNEI DARUSSALAM/DR A SOREFAN Chairperson ASSOCIATION ALZHEIMER MAURITIUS)

Situation in Brunei and Malaysia

- 1- Training on dementia care skill programs for different type of professionals in elderly care. Get more young people involved for transmission of knowledge. With dementia many families can fall apart not being able to manage.
- 2- Different types of dementia exist with different types of neuropsychological disorders so management is different. A precise diagnosis is necessary to be done by specialists (geriatrician, neurologist, psychiatrist)
- 3- If you get dementia right you get healthy ageing right

Situation in Mauritius

- 4- Training of carers and professionals was in the FIAPA 2014 charters on rights and well-being of the elderly so it has to be implemented.
- 5- A NATIONAL DEMENTIA PLAN must be written and put in action as it exists in so many countries forming part of Alzheimer Disease International of which Mauritian Republic form's part.
- 6- Disability act should include dementia, a disease with a very socio-economic impact and health cost and priority.
- 7- Families must be informed about the different steps of legal protection like “mise sous tutelle” and interaction between the legal sector and the medical practitioner be made known
- 8- Different types of geriatric institutions are needed in link with post diagnosis care of dementia: day care centres, early diagnosis day care centres actually in the north, south

and Candos hospital to be regionalised widely, rehabilitation services, palliative care services

- 9- Advance will legal document (formulaire de directives anticipées) having a legal recognition

C-Workshop HEALTHY AGEING (DR PASCALE DINAN chairperson FIAPA/ MR ANDREW LARPENT CommonAge expert UK)

- 1- Definition of healthy ageing (“the process of developing and maintaining the functional ability that enables well-being in older age” WHO 2015) and diffuse this knowledge to the population
- 2- Assessment of the level of fitness in the population and prescription of physical exercise adapted to the abilities of the patient, motivational coaching and regular sessions of fitness needed
- 3- To promote regular physical exercise: Adequate technology, gyms and physical educator and physiotherapists/occupational therapists needed in each residential care home but also in the cities and communities for wellbeing of the elderly
- 4- Excess of drugs (iatrogenia) has to be reassessed by the medical practitioners to enable the elderly to exercise and maintain good health
- 5- Educational programs on healthy ageing needed through different ages in primary, secondary schools and tertiary institutions
- 6- Train the medical and para medical practitioners about the importance of healthy ageing which is a way to reduce socio economic and cost impact of a diminishing population workforce in an ageing society
- 1- Develop research, figure facts and monitor the process of evaluation in the field of healthy ageing
- 2- Legislation needed to combat ageism – ex. Bus pass
- 3- A NATIONWIDE HEALTHY AGEING COMMUNITY PROGRAM has to be set up so that government but also civil society understands the responsibility to be taken by each and every one to implement healthy ageing programs

D- Workshop RAISING THE BAR ON SENIOR CARE AND LIVING STANDARDS (Mr Mansur DALAL CommonAge expert India/Mr David STEVENS CommonAge expert Australia)

- 4- Better health care needed – high expectations, respect for elders, get a positive resident engagement
- 5- Older persons are vulnerable – promote policies, procedures and guidelines
- 6- Proper design, engagement of the residents to: promote their well-being, to limit risk of falls
- 7- Standards are an envelope to deliver healthy ageing
- 8- Standards documents practices in a well though manner
- 9- STANDARDS IS THE KEY VEHICULE TO DELIVER QUALITY CARE AND HEALTHY AGEING
- 10- The drive/impetus for implementing standards at national level for health care providers must come from the citizen councils and NGOs
- 11- The genuineness to raise the bar by the providers must be there
- 12- Standards have to be documented, measurable, assessed, audited
- 13- No standards means that the industry’s reputation is at stake

E- Workshop TECHNOLOGY AND ARTIFICIAL INTELLIGENCE FOR THE ELDERLY (Mr Dan LEVITT- CommonAge expert CANADA/ Mr Nicolas TADEBOIS director of SERENITY ltd)

1- Problems arising in elderly population:

- a. security needed
- b. prevention of health falls
- c. Lack of resources from human care givers and human errors in administration of drugs
- d. Loneliness
- e. Need for early health screenings
- f. Length of stay in hospitals
- g. Convenience for shopping
- h. Safe environment
- i. Help for Mobility and freedom of movement
- j. Help in decision making
- k. Ill treatment and bullying
- l. Communication difficulties
- m. Wish of staying at home as long as possible

2- GEROTECH SOLUTIONS:

- a. Camera surveillance
- b. Smart phones
- c. Panic button wearables
- d. Fire sensors
- e. Connected devices and GPS trackers

3- Health watch applications

- a. Biometric indicators for heart rate, blood pressure
- b. Preventive physical exercises
- c. Prevention of accidents
- d. Brain stimulation exercise

4- Next steps

- a. Promote intergenerational solidarity
- b. Expand security apps
- c. Promote healthy living apps
- d. Mauritius telecom free WIFI slow proceed to improve quality of WIFI network
- e. Digital appliances, smartphones available for 60 aged + persons

Site Visit – 4th Oct



Clinique Ferrière de Bon Secours houses the first Palliative Care unit located at Curepipe, Mauritius.



State-run aged and palliative care facility, located at Pointe aux Sables (Trochetia foyer)

at the non-profit facility of the Couvent de Bon Secours located in Belle Rose, Mauritius. The Groupement FIAPA office is in the compound too.



Les Jardins de Chantenay - an assisted living, retirement and convalescence facility in Moka.





this unit of the Bon Secours specialises in the management of complex symptoms of a serious conditions, incurable and progressive diseases. Cost @ EUR350 per day inclusive of room, meals, therapeutic bath, round-the-clock care, medical doctors.

Activities undertaken ...



Meeting at the Ministry of Social Integration, Social Security and National Solidarity -5th Oct



Our joint FIAPA (Mu)/CommonAge meeting with the Hon Fazila Jeewa-Daureeawoo, Minister of Social Integration, Social Security and National Solidarity and Permanent Secretary Dr Dhanandjay Kawol on 5th October in Port Louis.

SMEDEF Presentation

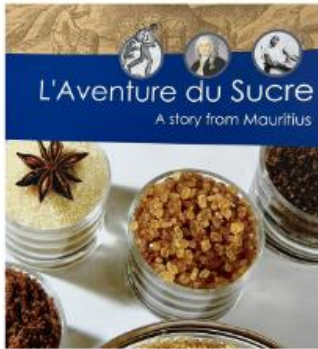
A very pleasant evening of discussion on Healthy Ageing and dinner hosted by SMEDEF at the Labourdonnais Hotel in Port Louis.





6th Oct – Day Out

DAY OUT



We have had a truly wonderful day with our dear FIAPA friends. It started with a tour of the fascinating sugar museum. So much incredible information about the island, it's industry, it's history, it's people...We then progressed beyond Grand Baie to a fabulous picnic spot beside the azure ocean and we're treated to a gastronomic feast of delicacies.

Winding down and tasting the rum at L'Aventure du Sucre



Thank you.